



I sought chiropractic help due to a stiff neck and upper back pain. I was immediately given an appointment the very same day I called and asked for one. Dr. Bennett and her staff were very thorough in assessing my situation. I received treatment and an adjustment my first appointment and felt better before I left the office. I have continued treatments each week and have been keeping my alignment good between appointments.

Although I am still experiencing some neck pain due to stress, I am 100% better in the alignment of my spine and neck. Dr. Bennett continues to do muscle therapy on my neck and has given me exercises to help my muscles. She is currently helping me with techniques to relieve stress.

I am very happy that I called Tuck Clinic for help. Thank you bunches for all the help and the friendly atmosphere. You guys are great!

Sincerely,  
*Amy Hill*